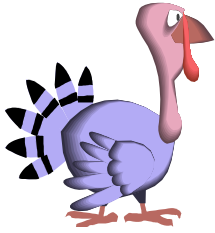


# Greencastle-Antrim Turkey Trot

## 5K Run/Walk & Free 1K Kids' Race



**Thursday, November 26<sup>th</sup>, 2009 9:00 A.M.**  
**Greencastle-Antrim HS Campus/300 S. Ridge Ave.**  
(Hosted by the Greencastle-Antrim HS Cross Country Team)



**Course:** starts and ends on outdoor track in rear of building and follows nearby town streets. (5K/3.1 miles)  
**Awards:** Trophies and Turkeys will be given to the overall male and female champions. Awards will also be given to the top three finishers in each age group.  
**T-Shirts:** All pre-registrants are guaranteed a Short-Sleeve t-shirt.  
**Registration:** Begins at 7:30 A.M. in the HS cafeteria. 5K Trot Start: 9 A.M.  
**Cost:** \$20 before 11/11/09 \$25 after 11/11/09  
**Both check and entry form must be in director's hands by 11/11/09 to be considered pre-registered.**  
**Return checks and forms to:** Rich Secrest 14769 Bain Rd. Mercersburg, PA 17236  
**Make Checks payable to:** Greencastle Running Club  
**Questions:** Contact Rich Secrest richsecrest@greencastleflyers.com or 717-360-7557  
**Kids' Race Start:** 8:30 A.M. for children 9 and under, course is 1K in length. Entrants in the kids' race will not receive a t-shirt.  
**Race Pictures and Results will be posted at [www.greencastleflyers.com](http://www.greencastleflyers.com)**  
**Event will be held Rain or Shine**

**PLEASE COMPLETE ALL INFORMATION, DETACH BELOW AND RETURN TO RICH SECREST**  
**Make sure to keep top portion for your reference!**

Name: \_\_\_\_\_ Age(on race day): \_\_\_\_\_

Address: \_\_\_\_\_

Email: (very important, this is how we send future entry forms/results) \_\_\_\_\_

Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

T-Shirt Size: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ Gender: M \_\_\_\_\_ F \_\_\_\_\_

Please Check One: 5K Turkey Trot \_\_\_\_\_ or "Free" Kids' Race \_\_\_\_\_ (9 and under only and will not receive a t-shirt)

Select Age Group: (circle one) 10 – 12 13 – 15 16-19 20-29 30-39 40-49 50-59 60-69 70 and over

**RELEASE & CONSENT FORM:** In consideration of the acceptance of my entry/my child's entry, I for myself or my child, our executors, administrators, and assignees....do hereby release and discharge the organizers of this race and all other sponsors and organizers of all claims and damages, actions whatsoever in any manner arising out of my/my child's participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am/my child is physically fit and sufficiently trained to participate in this event. Further, I hereby grant full permission to any all of the foregoing to use my/my child's name, photographs, videotapes, motion pictures, recordings or any other record of this event for any legitimate purpose without compensation or remunerations.

Athlete Signature: (parent/guardian must sign for runners under 18 years of age) \_\_\_\_\_