



# 1<sup>st</sup> ANNUAL LITTLESTOWN COMMUNITY DAY 5K RUN



**"Kids Come First"**

**\*CASH PRIZES\***

**Shirts Included**

**SATURDAY, AUGUST 1<sup>st</sup> 2009 AT 8A.M.**

(Certified Course)

### RACE FEES

5K: Before 7/12/09: \$20      1 Mile Fun Run/Walk: Free  
7/12/09: \$25      ¼ Mile Kids' Sprint & Mini Trot: Free  
\*Tee Shirts only guaranteed to runners registered before 7/12/09.  
\*Tee Shirts not for the Fun Run, Kids' Sprint, and Mini Trot.

### AWARDS

The Littlestown Community Day Committee is pleased to offer the following awards at the 1<sup>st</sup> Annual Littlestown Community Day 5K Race. Winners must be present to receive their awards. **One person cannot receive two different awards. No awards will be mailed.**

#### **1<sup>st</sup> Place Overall Male and Female**

\$100 Cash Prize + Race Commemoration

#### **2<sup>nd</sup> Place Overall Male and Female**

\$75 Cash Prize + Race Commemoration

#### **3<sup>rd</sup> Place Overall Male and Female**

\$50 Cash Prize + Race Commemoration

#### **Masters (40+) Overall Male and Female (age on race day)**

1<sup>st</sup> Place: \$75 Cash Prize + Race Commemoration

2<sup>nd</sup> Place: \$50 Cash Prize + Race Commemoration

3<sup>rd</sup> Place: \$25 Cash Prize + Race Commemoration

#### **Wheelchair Division**

1<sup>st</sup> and 2<sup>nd</sup> Places Overall: Race Commemoration

#### **Age Group Awards**

Race commemoration will be presented to the top men and women in the following age groups (1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place). Award places may be added depending on the number of entries in each age group. (Age on race day)

10 and Under	19-29	50-59
11-14	30-39	60-69
15-18	40-49	70+

### ADDITIONAL INFORMATION

For additional information about the race, directions or to see race maps, please visit our website at [www.hanoverymca.org](http://www.hanoverymca.org), or contact George O'Brien, Senior Program Director of Sports at [gobrien@hanoverymca.org](mailto:gobrien@hanoverymca.org) and 717-632-8211.

#### **MAIL APPLICATION AND PAYMENT TO:**

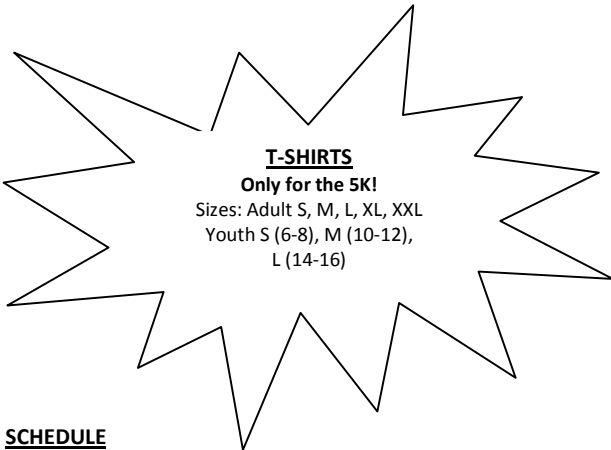
Littlestown Area Family YMCA  
Attn: 5K, George O'Brien III  
95 Keystone St.  
Littlestown, PA 17340

#### **PLEASE MAKE CHECKS PAYABLE TO:**

**Littlestown Area Family YMCA**

\*Refer to our website for more information concerning the new course for the Littlestown 5K Race\*

[www.hanoverymca.org](http://www.hanoverymca.org)



### SCHEDULE

6:30 a.m. Registration (Littlestown YMCA)  
7:50 a.m. 5K Wheelchair Race  
8:00 a.m. 5K Run  
9:00 a.m. 1 Mile Fun Run/Fitness Walk  
9:30 a.m. Kids' Sprint (1/4 Mile & Mini Trot)  
10:00 a.m. Awards  
9:00 a.m.-1:00 p.m. Community Fair (Diversity Activities, Food Vendors, Live Performances, Informational Booths)

### REGISTRATION

To avoid race day delays, runners are encouraged to register in advance. At registration there will be a pre-registered and late registered line.

### COURSE

The 5K course will begin adjacent to the Littlestown Area Family YMCA. Walkers are welcome; there is a 50 minute time limit. Runners may only cross the finish line once. Participants in the Kids' Sprint Events should meet at the top baseball field behind the Littlestown YMCA shortly before 9 a.m.

### CONTRIBUTIONS

Proceeds from the Littlestown Community Day 5K race benefits the community based programs and services provided year round by the Littlestown Area Family YMCA.

## 1<sup>ST</sup> ANNUAL LITTLESTOWN COMMUNITY DAY 5K RUN REGISTRATION FORM

NAME(S) \_\_\_\_\_ AGE \_\_\_\_\_ BIRTH DATE(S) \_\_\_\_\_  
E-MAIL \_\_\_\_\_ HOME ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE NUMBER \_\_\_\_\_  
EVENT \_\_\_\_\_ T-SHIRT SIZE \_\_\_\_\_ TOTAL RACE FEES \$ \_\_\_\_\_

**Sorry, No Refunds**

TOTAL AMOUNT ENCLOSED \$ \_\_\_\_\_

### PAYMENT METHOD

\_\_\_\_\_ CHECK  
\_\_\_\_\_ MASTERCARD/VISA/DISCOVER  
CARD NUMBER: \_\_\_\_\_  
EXPIRATION DATE: \_\_\_\_\_