



2011 MOUNTAIN TOP COMBO INVITATIONAL

The Preston High Cross Country team would like to invite you to the **Mountaintop Combo Invitational**. The "Mountaintop Combo" is a unique invitational that judges the top cross country program in the Mid-Atlantic area. This is accomplished by adding the boys and girls team scores together to get a combined school score.

When: Tuesday, September 27, 2011

Where: The **Mountaintop Combo Invitational** will take place at Preston High School in Kingwood, West Virginia. The campus of Preston High overlooks the Allegheny Front and the Cheat River Valley. The course is challenging with a mixture of flats, meadows, hills, and wooded trails. The course starts and finishes inside "Knights Stadium" and is very viewer friendly. The Preston High Cross Country Course will serve as the site of the Region I AAA Championship.

Records: Course and meet record holders are Mikias Gelagle of Eleanor Roosevelt (16:13.50 - 2005) and Ari Kasproicz of Preston (19:05.75 - 2008).

Event Schedule:

5:00 p.m. - High School Varsity Girls (5000 Meters)
5:40 p.m. - High School Varsity Boys (5000 Meters)
6:20 p.m. - High School Junior Varsity Boys and Girls (5000 Meters)
7:00 p.m. - High School Awards Ceremony

Awards: The top twenty-five individuals in the varsity races will receive custom medals. In the junior varsity races, the top ten individuals will receive custom medals. The top five schools (not teams) in the varsity competition will receive plaques.

Concessions: Hot and cold concessions will be available as well as the official **Mountaintop Combo Invitational** T-shirt. T-shirts will be available in a wide variety of colors.

Entry Fee: The entry fee will be \$75 per school (not team). Make checks payable to **Preston High Cross Country**. There will also be an admission fee for spectators of \$4.00 for adults and \$3.00 for students.

Entry Method: All schools must enter their athletes using www.athletic.net or www.timetoenter.com. Faxed or mailed entries will not be accepted. Complete instructions on how to use athletic.net and timetoenter.com can be found at our website: www.PrestonAthletics.com. Electronic entries must be received by 3:30 p.m. on Friday, September 23rd, 2011.

Deadline: If your school is interested in competing in the **Mountaintop Combo Invitational**, please fill out the online entry form on our website. We will limit the number of schools entered to twenty (first come, first serve). Schools must have a complete boys' and girls' team in order to participate.

Preston High School
400 Knight Drive
Kingwood, WV 26537
c/o Coach Paul Martin

Work Phone (304) 329-0400 ext. 365
Mobile Phone (304) 290-3772
Email : prestonrun@gmail.com
Website: www.PrestonAthletics.com