

# National Pike Days 5K

May 15, 2010

Clear Spring High School, Clear Spring MD

8 a.m.

Co-Sponsored by Clear Spring Cross Country  
and Young Life Washington County

Cost: \$15 postmarked before May 1, 2010 (\$20 postmarked after May 1, 2010)  
Youth 12 and under \$10 before May 1, 2010 (\$15 postmarked after May 1, 2010)

**There are a limited amount of shirts on race day so make sure to pre-register in order to be guaranteed a shirt.** Registration begins at 7 a.m. on Race Day

**Awards:** Top male and female finishers will be presented with awards.

**Course :** Run past the horses and covered wagons of the Pike Days encampment and historic Plumb Grove, then by a lake, orchards, and hilly forest trails of the Outdoor School, finishing behind the athletic fields of Clear Spring High School.

For sponsorship opportunities or more information contact  
Matt Seifarth at 301.991.1697 or mseifarth@gmail.com

**Please clearly print all information**

Make checks payable to: Young Life Washington County

Mail Entries To: Young Life Washington County, P.O Box 4606, Hagerstown, MD 21742



You were made for this™

DETACH and MAIL

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Sex: F M

Age on Race Day: \_\_\_\_\_ T-shirt Size: S M L XL

WAIVER: In consideration of the rights granted to me to participate in the National Pike Days 5K on May 15, 2010, I hereby waive all claims and damages against Young Life, WCPS, Clear Spring High, any other sponsors, officials, or organizers arising from my participation or any injury I might suffer in this event. I attest that I am physically fit and prepared for this event.

Participant signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian (for minors under 18) \_\_\_\_\_ Date: \_\_\_\_\_