

Release and Consent Form

In consideration of the acceptance of my/my child's entry, I for myself or my child, our executors, administrators, and assignees, do hereby release and discharge all sponsors and organizations of all claims and damages, actions whatsoever in any manner which arises out of my/my child's participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am/my child is physically fit and sufficiently trained to participate in this event.

Signature: _____

Date: _____

Parent/Guardian: _____

Date: _____

Where did you hear about our race?

Bill Beckwith 5K Race
22702 Cavetown Church Road
Smithsburg, MD 21783-1619



BILL BECKWITH MEMORIAL
2009 5K AND FUN RUN
SPONSORED BY SUPER SHOES

SATURDAY
JULY 18, 2009

PROCEEDS BENEFIT:
SMITHSBURG HIGH
CROSS COUNTRY

SPONSORED BY:

Super **SHOES**
choices... feel good

Date/Time:

Saturday, July 18, 2009
Packet Pickup at 7:00 am
Fun Run starts at 8:00 am
5K Race starts at 8:30 am

Location:

Carnival grounds behind the
Smithsburg Fire Hall.
North Main Street
Smithsburg, Maryland.

Course:

The **Fun Run** is a one mile run traversing
part of the cross country team's course.

The **5K Race** is a challenging course
through the country-side, slightly hilly
with a fast finish.

Registration:

Fun Run:
\$10 through June 15th.
\$15 after June 15th.

5K Race:
\$15 through June 15th.
\$20 after June 15th.

T Shirts:

For all who register by June 15th.
Limited number of shirts available for
late registrants.

Age Groups:

- Under 15 • 15-19 • 20-29
- 30-39 • 40-49 • 50-59
- 60-69 • 70+

Awards:

\$50 Cash: Men's & Women's winners.
\$50 Cash: Men's & Women's
masters winners.
Medals: Top three in each age group.
Ribbons: All Fun Run Participants.

For More Info, Contact:

Ray Shriver
22702 Cavetown Road
Smithsburg, MD 21783-1619
(301) 824-2468
CoachShriver@verizon.net

High Schoolers! Need Community Service for Graduation?

Contact Coach Shriver at the above
phone number or Email address.

Entry Form

Detach and return to:

Bill Beckwith 5K Race
22702 Cavetown Church Road
Smithsburg, MD 21783-1619

Make checks payable to:

Smithsburg High Cross Country

Name: _____

Address: _____

City: _____

State: _____

Zip: _____

Phone: _____

Email: _____

Age: _____ **Sex:** _____

Choice: ___ 5K Race or ___ Fun Run

T Shirt Size:

___ Youth M ___ Youth L
___ Adult S ___ Adult M
___ Adult L ___ Adult XL
___ Adult XXL