Mountain Maryland Marathon Festival

Sunday, April 18, 2010 – Cumberland, MD

Marathon * 2-person Marathon Relay * Half-Marathon * 5K for United Way * Kids' Marathon * Tot Trot
Proceeds benefit the United Ways of the Potomac Highlands

Details or online registration: **www.mountainMDmarathon.org** 301-697-6035 run@mountainmdmarathon.org.
Attach and mail payment to, payable to: Mountain Maryland Marathon Club, P.O. Box 227, Ellerslie, MD 21529-0227

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Choose your race (check one – one form for each competitor. For 2-person marathon relay, submit 1 form per person

_____ Marathon _____ 2-person Marathon Relay _____ RRCA Eastern Region Half Marathon Championship

_____ 5K for United Way _____ Kids Marathon ______ Tot Trot

Please PRINT and fill out completely (entries without age and/or gender will not be eligible for age group awards)

NAME ____ GENDER: M / F AGE on 4.18.2010 ______ D.O.B.________
SCHOOL (17-and-under only) ________________________________ EMAIL ________________________________
STREET ADDRESS ____
CITY _______________________ STATE __________ ZIP __________ Team name (relay only)_________________
DAYTIME PHONE NUMBER: __________________ ALT. NUMBER ____________

T-Shirt Size: optional / (check one) **ADULT:** S___ M ___ L ___ XL ___ XXL ___ ($2 extra)
CHILDS: S___ M ___ L ___

Performance shirts are $12 on top of registration fees – this gives you the option of purchasing the shirt or not – and helps save you money!

Entry fees	**through-------------------→**	**Jan. 31**	**March 31**	**April 18**	**Race day**
	Marathon	$32	$55	$75	no race day registration
	2-person marathon relay	$32	$55	$75	$80 (cap of 50 teams)
	Half Marathon	$15	$25	$45	$50
	5K for United Way	$7	$10	$12	$15
	Kids Marathon	$4	$7	$9	$12
	Tot Trot	$2	$2	$2	$2

**Military discount: $6 off marathon or $4 off half-marathon at time of registration. Must send a copy of your military ID with registration form.

Pre-race dinner	**Adults**	**Children (16-and-under)**
(Saturday, April 17)	$12 x ____	$10 x ___

Waiver should be read, understood and signed before mailing:

In consideration of this entry being accepted, I hereby for myself, heirs, executors, administrators, waive and release any and all rights and claims for damages I may have against the Mountain Maryland Marathon Club, race officials, and all sponsors and volunteers, of all claims or liabilities of any kind arising out of my participation in this event or while traveling to and from. I allow any photographs or materials from this event to be used to publicize this and/or future Club-sponsored events.

Signature Required **Date** **(Parent's Signature if Under 18)**

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www.mountainMDmarathon.org mountain md MARATHON CLUB

TRI.STATE RUNNUR

RRCA ROAD RUNNERS CLUB OF AMERICA

RRCA CHAMPIONSHIP RACE

United Way

United Ways of the Potomac Highlands