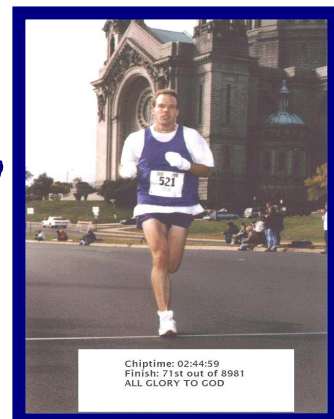


Catoctin Pregnancy Center's

Run for Life

In memory of
Father Darin Didier



Location: Mount Saint Mary's University- Emmitsburg, Maryland
Date: Saturday, Sept. 19, 2009
Time: 7:30-8:45 AM - Registration/Package Pickup @ Knott ARCC at west entrance.
9:00 A.M.- 1 Mile Fun Run/Walk **9:30 A.M. - 5K Run/Walk**

ENTRY FEE: \$20.00 if received by Sept. 16, 2009. Forms received after Sept. 16 and on race day registration will be-\$25.00. Send completed entry form and check or money order to the Catoctin Pregnancy Center, P.O. Box 1168, Emmitsburg, MD 21727. Make checks payable to CPC.

In lieu of the Registration Fee, runners/walkers may solicit sponsors to support their participation (\$20 minimum sponsorship). We encourage all participants to solicit as many sponsors as possible to assist the women, babies and families that come to the Pregnancy Center (use Runners/Walkers Sponsor Form below).

Awards: 5K - awards to the first male and female finishers and first male and female Master finishers. Awards will also be presented to the top 3 finishers in 5 year age groups.

1 Mile Fun Run: all 10 and under participants will receive medals. Age group winners will also receive awards.

REFRESHMENTS: fruit and drinks after race - water at finish line.

T- Shirts All pre-registered entrants will be given T- shirts. Sizes not guaranteed for race-day registrations. Thanks to the generous support of our sponsors, we are able to provide a T-shirt and refreshments to all participants (runners/walkers) so that all proceeds from registrations will go to the Pregnancy Center to aid mothers and families.

DIRECTIONS: From Frederick, MD: North on US-15. After passing Rt. 76 Rocky Ridge (Motters Station Rd) get in right lane. At blinking traffic light at Mt. St.Mary's exit right onto College Lane. Immediate right onto Jim Phelan Way. Knott ARCC will be on left. Proceed to parking lots on right.
From Gettysburg, PA: South on US-15, After passing South Seton Ave get in left lane. At blinking traffic light at Mt. St. Mary's from left lane exit left onto College Lane. Immediate right onto Jim Phelan Way. Knott ARCC will be on left. Proceed to parking lots on right.

NOTICE: No pets, headsets, race strollers, roller/in-line skates, skateboards or bicycles allowed on 5K race course. (Strollers and headsets allowed in the 1 Mile Fun Run).

Complete application below and mail to Catoctin Pregnancy Center, P O Box 1168, Emmitsburg, MD 21727

To volunteer or for more information call Jim Lowrie at 717-642-0196.

Run For Life to benefit the Catoctin Pregnancy Center
5K Run/Walk &
1 Mile Fun Run

MAIL TO:
CATOCTIN PREGNANCY CENTER
PO BOX 1168, EMMITSBURG, MD 21727

Make checks payable to the CPC

Amount Enclosed \$ _____ 5K 1 Mile Fun Run T-Shirt Size S M L XL XXL
(\$20 if received by Sept. 16, 2009. After Sept. 16 including race day - \$25)

NAME _____

ADDRESS: _____

City: _____ State _____ Zip _____

Phone _____ Male Female Age on Race Day _____

Email Address _____

Waiver: In consideration of the right granted to me to participate in the Catoctin Pregnancy Center's Run for Life 5K Run/Walk or 1 Mile Fun Run on Saturday, September 19, 2009, I hereby waive all claims and damages against the Catoctin Pregnancy Center, the Race Committee, Mount St. Mary's University and any other sponsors and organizers arising from my participation or injury I might suffer in this event. I attest that I am physically fit and prepared for this event.

Signature: _____ Date: _____
(parent or guardian, if under 18)

I am participating in the School/Church/Council Challenge:

School _____ Church _____ or K of C Council _____