

**4<sup>th</sup> Annual**  
**FREDDIE HENDRICKS TRACK FESTIVAL**  
**10:00 AM. SAT. APR 12<sup>th</sup>**  
**Mervo High School**

**FAT TIMING MPSSAA SANCTION**  
**RULES & REGULATIONS:**

- ❖ This meet will have prelims, semis & heats if needed for the 100 and 100/110 hurdles. All other events will be finals only, places determined by time.
- ❖ MPSSAA rules will be followed.
  - NO audible radios or tape players allowed.
  - **JEWELRY RULE WILL BE IN EFFECT FOR ALL EVENTS.**
  - Relay teams must have identical school issued uniforms.

**CONTESTANTS MUST BE ACCOMPANIED BY THEIR COACH OR SCHOOL REPRESENTATIVE**

**AWARDS: Medals for 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> and ribbons for 4<sup>th</sup> thru 6<sup>th</sup> place in each event.**

**Trophies awarded to the 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place boys and girls team. Plaques to 1<sup>st</sup> place relay.**

**SCORING: 10-8-6-4-2-1 for all events.**

**ADMISSIONS: \$5.00 (children under the age of seven free.)**

**T-SHIRTS: Meet T-Shirts will be on sale for \$15.00.**

**PROGRAMS: Meet Programs will be on sale for \$2.00**

**PARKING: Free parking will be available for buses and car.**

**COACHES MEETING: Coaches will meet at 9:15 a.m. on the track infield.**

**Coaches, managers, & spectators**

**ARE NOT ALLOWED ON THE TRACK OR THE INFIELD.**

**ENTRY FEES: \$90.00 PER TEAM (\$170.00 IF ENTERING BOYS & GIRLS TEAMS) IF YOUR SCHOOL HAS FEWER THAN 4 MEMBERS, YOUR FEES ARE \$10 PER INDIVIDUAL.**

**MAKE CHECKS/MONEY ORDERS TO MERGENTHALER VO TECH.**

**ENTRIES FEES ARE DUE NO LATER THAN APR. 4<sup>th</sup>, 2008 FOR HIGH SCHOOLS.**

**No telephone entries will be accepted. No late entries will be accepted.**

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For entry go to [www.coacho.com](http://www.coacho.com)

# **FREDDIE HENDRICKS TRACK FESTIVAL**

## ***Order OF Events*** ***April 12, 2008***

### **Field Events**

G Long Jump  
B Triple Jump  
G High Jump  
B Pole Vault  
G Shot Put  
B Discus

B Long Jump  
G Triple Jump  
B High Jump  
G Pole Vault  
B Shot Put  
G Discus

### **Running Events**

100 Semis  
110/100 Hurdles Semis  
3200 M Relay Finals  
100/110 Hurdles 2 heat Finals  
100 2 heat Finals  
Awards!  
1500 Finals  
800 M Relay Finals  
400 M Finals  
3200 M Finals  
400 M Hurdles Finals  
Coaches/Parent Relay 400 M Relay  
200 M finals  
800 M Finals  
400 M Relay Finals  
1600 M Relay Finals

# **FREDDIE HENDRICKS TRACK FESTIVAL**

## **FREDDIE HENDRICKS TRACK FESTIVAL RELEASE AND WAIVER**

In consideration of your accepting this entry, I hereby for myself and my child/ward, my heir, executors and administrators, and those of my child/ward, waive and release any and all rights and claims for damages I may have against the Potomac Valley Association (PVA), MPSSAA, William Vaughan, the Freddie Hendricks Track Festival, Mergenthaler High School, all sponsors, race officials, workers, and volunteers, their representatives, successors or assigns, from ANY AND ALL claims of liability, whether foreseen or unforeseen, for any death, personal injury, or property damage arising out of, or in the course of my participation in the Freddie Hendricks Track Festival. I further grant full permission to Freddie Hendricks Track Festival, and/or its agents, and those authorized by them, to use any photographs, videotapes, motion pictures, recordings, or any record of this event for any lawful purpose.

Parent/Guardian: \_\_\_\_\_  
(Signature)

Name of Child: \_\_\_\_\_  
(Print)

Coach: \_\_\_\_\_ Date: \_\_\_\_\_

Team: \_\_\_\_\_

Coach may sign for his/her team.