

The Mtn Md Marathon Club
presents
the **inaugural** running of the low-key

Hobo's Heartbreaker 10K
and half-mile kids' run
in Londonderry Township, Pa.

SATURDAY, Feb. 14, 2009, 10:00 AM
Rain, snow, ice, sleet or sun



Hobo's
RESTAURANT

Course Records:

Men – **Could it be you? (2009)**

Women – **Your name here? (2009)**

Men's Masters – **Have you trained? (2009)**

Women's Masters – **How fast are you? (2009)**

Recognition to: (no duplication of awards)

* Top finishers, (male & female); top Masters (male & female) * Random drawing for prizes – all participants eligible.

Entry fee: **FREE** for Mountain Maryland Marathon Club members; \$3.00 for non-members. Race-day registration only, beginning at 9 a.m. in front of Cooks Mill United Methodist Church in Londonderry Township, Bedford County, Pa. No refunds.

Start and Finish: Near the front of Cooks Mill United Methodist Church on Cooks Mill Road about 2.25 miles north of the Ellerslie, Md./Pennsylvania line, towards Hyndman. Course is 100 percent paved, out-and-back horseshoe with rolling country hills. Use caution! Roads will not be closed.

Questions? Visit www.mountainMDmarathon.org; email run@mountainMDmarathon.org; call 240.522-0276

2009 Hobo's Heartbreaker 10K & half-mile kids' run – Entry Form [Form may be reproduced; please print]

Name: _____ Age (on 2/14/09): _____ Gender: F M

Address: _____

Phone: _____ Email: _____

Waiver and release: I recognize that participation in this activity may involve certain hazards. I understand that I should not participate unless medically able. I assume the risks associated with involvement in this activity, including but not limited to falls, contact with participants, effects of weather, and road and traffic conditions, these risks being known and appreciated by me. Having read this waiver release and considering the acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release the Mountain Maryland Marathon Club or its volunteers, the Londonderry Township supervisors, the County of Bedford, any and/or all sponsors and hosts, and their representatives and successors, from any claim of liability arising from my involvement in this activity.

Signature (signature of parent/legal guardian if under 18): _____



Join club members after the race for breakfast (your seat, your dime) at Hobo's Restaurant, "a great place for homemade food like your grandmother used to make!"