

2010 JEFFERSON X-C

Date	Day	Meet	Location	Racing Begins
8/28	Sat.	Knight Night Relays	Preston HS Kingwood, WV	8:30 p.m.
9/4	Sat.	Interstate Classic	Clear Spring HS Clear Spring, MD	10:40 a.m.
9/8	Wed. (JV Only)	Vs. Hedgesville, Washington, J. Wood, J. Handley, Millbrook	Sam Michaels	5:00 p.m.
9/11	Sat.	Judges Classic	Kernstown Battlefield Stephens City, VA	9:00 a.m.
9/14	Tues.	Hampshire & Keyser	Hampshire HS Romney, WV	TBA
9/18	Sat.	Robert Rizzo Relays	Sam Michaels	10:00 a.m.
9/25	Sat.	Oatlands Invitational	Oatlands Plantation Leesburg, WV	9:00 a.m.
9/29	Wed.	Vs. Washington & Martinsburg	Sam Michaels	TBA
10/9	Sat. (Select Runners)	*Times Invitational*	Apple Valley Golf Course Fairmont, WV	10:20 a.m.
10/16	Sat.	AVL/PVC Championships	Hedgesville HS Hedgesville, WV	10:00 a.m.
10/21	Thurs. (Varsity)	Region II AAA Championships	Hampshire HS Romney, WV	TBA
10/30	Sat. (Varsity)	*State Meet*	Cabell Midland HS Ona, WV	1:00 p.m.

*Overnight travel required