

Interstate Classic 2010

Clear Spring High, Clear Spring, Maryland

This year's Interstate Classic will be on Saturday, September 4, 2010. Divisions will be determined based on school enrollment numbers.

A list of teams participating will be available by mid-August. This will be emailed to coaches and posted on TriStateRunnur.com

COURSE: Begins and finishes on grass. The course includes the trails of the Claud E. Kitchens Outdoor Education Center and a 200 meter stretch on a gravel lane.

AWARDS: Awarded to top two teams in each division
Medals for Individuals 1st - 3rd
Ribbons— 4rd through 15th place
Ribbons—Top 15 in JV Race

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|---------------|-----------------------------|------------|
| TIMES: | Course Opens | 9:00 a.m. |
| | Coaches Meeting: | 9:15 a.m. |
| | Girls Varsity Small School: | 10:00 a.m. |
| | Girls Varsity Large School: | 10:40 a.m. |
| | Boys Varsity Small School: | 11:10 a.m. |
| | Boys Varsity Large School: | 11:50 p.m. |
| | Girls JV: | 12:30 p.m. |
| | Boys JV: | 1:10 p.m. |
| | Awards: | 2:10p.m. |

Concession stands will be open and T-shirts will be on sale.

Cost: \$100.00 per school
\$60.00 for one gender only

Please enter the meet by contacting Jaime Mason by returning the attached information through US Mail or Email by July 30, 2010.

For more information contact:

Jaime Mason 301.988.9377 or CSBlazerCoach@verizon.net

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SCHOOL: _____

ADDRESS: _____

School Enrollment Total: _____

Boys Coach: _____

Phone: _____

Email : _____

Girls Coach: _____

Phone: _____

Email: _____

___ Both Teams ___ Boys ___ Girls

Send to:

Clear Spring High School
c/o Jaime Mason
12630 Broadfording Road
Clear Spring MD 21722