



**16th ANNUAL  
CARLISLE CROSS COUNTRY  
MEET OF CHAMPIONS  
SEPTEMBER 27, 2008  
RACE INFORMATION**



**Date: September 27, 2008**

<b><u>Races</u></b>	<b><u>Times:</u></b>
Girls JV:	9:30
Boys JV	10:15
Girls Reebok Challenge	10:45
Girls Champions:	11:15
Boys Reebok Challenge:	11: 45
Boys Champions:	12:15
Awards	1:15

Varsity teams will consist of 7 runners, JV teams of 9th, 10th, & 11th graders who are not legitimate top "5" varsity caliber runners with unlimited entries. You must enter a varsity team to enter JV runners.

**Reebok Challenge Race-** will feature top-ranked teams and individuals from PA and other states. This race will have fewer teams (20– 30) but will be very competitive. **Top 5 boys and girls teams win trophies and individual medals.**

**Champions Race-**will be a larger race (40 – 60 teams) featuring smaller schools or teams in a building/rebuilding phase. **Race results will include both AA and AAA team and individual standings with separate awards for each division.**

Trophies will be awarded to the top 10 varsity runners, medals to 11th through 25th varsity finishers in each varsity race. Trophies to top 5 varsity teams in the Reebok Challenge Race, the top 4 AAA teams and the top 3 A/AA teams in the Champions Race, and medals to each runner on winning teams. Trophy to winning male and female at each JV grade level. Medals to top 10 freshmen, sophomore and junior JV runners. Team trophy to winning JV teams.

**Entry Fee:** \$90.00 per varsity team (boys and girls separate teams)  
\$45.00 per JV team entered (boys and girls teams are separate entries) or \$10.00 per individual JV runner entered: Boys and Girls Varsity Teams = \$180.00/ Boys and Girls Varsity and JV = \$270.00. **(Entry fees must be mailed prior to the race) Make checks payable to CARLISLE CROSS COUNTRY BOOSTERS. Please send to: Carlisle Cross Country, Carlisle High School, 623 West Penn St., Carlisle, PA 17013**

Carlisle High School Cross Country Course. The course is exactly 5000 meters in length, is clearly marked with permanent signs at every turn and at every 500 meter interval. The course is entirely mowed grass and offers a mixture of flat and hill running. The start will offer open, unobstructed running for several hundred meters with excellent mobility throughout the entire course. The course is a little affected by adverse weather conditions. It provides an excellent surface for spikes or flats. It is also an excellent spectator course and offers easy race visibility for about 4000 or 5000 meters. **The course has been the site of NCAA regional and national cross country finals. It was described by an out-of-state coach from a nationally ranked team as one of the top high school courses in the USA.**

Carlisle Athletic Office (717-240-6800 ext 26838)