

Montgomery Invitational

January 9, 2010

PG Sportsplex

It's time to get ready for the 2010 meet!

Hello Coaches,

We hope this finds you well underway in a new indoor track season. The 9th edition Montgomery Invitational will again be held at the PG Sportsplex on Jan. 9, 2010. Registration through www.directathletics.com will open on Dec. 5th and close on Dec. 31. Get your entries in early as once events reach capacity they will be closed - you can always update your times. Click "Registration" to the right of this message for more information.

As always, we are looking for top milers to compete in the Millrose qualifier so please email, by clicking "Contact" to the right, if you have worthy candidates.

Best Regards,
Tom Rogers & Tom Martin
Meet Directors

Entry Information

Entry fees are \$10.00 per individual entry and \$20 per relay team

Each team will be allowed up to 2 entries per individual event, provided they both meet the entry standards, and 1 team in the 4x2, 4x4 and 4x8 relays. The top 32 entries in the DMR will be selected.

Three entries in all field events provided athletes meet entry standards.

Coaches, the money owed is an entry fee, not a participation fee. You are expected to pay for all of your confirmed (as of Jan. 4th) entries, regardless of whether they participate or not! Assume all entries are accepted unless notified otherwise.

NO REFUNDS FOR SCRATCHES AFTER 1/4/10!

Entry Information

Coaches, please be ACCURATE and HONEST with entry times as space is limited in each event. Please do not enter athletes who have not run the "MINIMUM STANDARDS", as this is unfair to all athletes. You will receive entry confirmation by Monday, January 4, 2010.

The Montgomery Invitational is an official qualifying meet for the [Millrose](#) HS Mile. Only the top twelve(12) boys & girls mile entries will be accepted to run in this race. **All entries must include verification of performances including date, time, and meet.**
(performances from last year are acceptable)

Entry Process

All entries must be submitted online through



(www.directathletics.com)

*ALL coaches interested in submitting entries to the Montgomery Invitational **must obtain a username and password to DirectAthletics. This should be done IMMEDIATELY!***

[Click here to create a new account or retrieve a forgotten password](#)

Printed copy of entries along with check, payable to MCPSSAA, for the entry fee must be *received* by January 9, 2010.

Payments will be accepted at the meet but if at all possible, mail *in advance* to:

Tom Rogers
Walter Johnson HS
6400 Rock Spring Dr.
Bethesda, MD 20814

Important Dates to Remember!

Dec. 5, 2009 Online entry period begins!

Dec. 31, 2009 Online entry period ends!

Jan. 9, 2010 Payment Due!

In Case of Snow: Coaches will be emailed as soon as possible. Snow cancelation information may also be heard by calling 240-777-2706 or 301-279-3673.

[Marriott Courtyard - New Carrollton/Landover](#)
call - 1-800-321-2211

Hotel Information: [Marriott Courtyard - Greenbelt](#)
call - 1-800-321-2211

(Click on names for hotel webpages) [Marriott Hotel \(full service\) - Greenbelt](#)
call - 1-800-228-9290

[Radisson Hotel - Largo](#) (5 min. from Sportsplex)

	call - 301-773-0700
Meet Sanction	The Montgomery Invitational is a sanctioned meet for Maryland and bordering states: DC, DE, PA, VA
The Millrose HS Mile	The Montgomery Invitational is an official qualifying meet for the Millrose HS Mile. Only the top twelve(12) boys & girls mile entries will be accepted to run in this race. <u>All entries must include verification of performances including date, time, and meet. (performances from last year are acceptable)</u>
Sportsplex Entry & Meet Schedule Information	Entry to the Sportsplex will begin at 8:00 a.m., the coaches' meeting will begin at 8:30 a.m. and the first event will begin at 9:00 a.m. All athletes and coaches must enter through the lower entrance in the back of the Sportsplex. Teams will be directed there upon arrival. A list of final entries, heats, and a <i>tentative</i> time schedule will be emailed to coaches. <i>The organizers will try to keep the meet running as efficiently as possible!</i>
Meet Admission	Admission will be charged and all spectators must enter through the upper entrance at the front of the Sportsplex. Admission will be: \$5.00. <i>All athletes must arrive with coaches or be in uniform or they will be charged admission.</i>
Food & Drink	The PG Sportsplex has a wide variety of food and drinks available for sale and numerous concession stands will be open. However, <i>No food or drinks may be taken out of the stands</i> . Water will be provided for the athletes in the bullpen and in the field event area. The facility has ample restrooms but no locker rooms will be available
Facilities & Support	All competition areas are rubberized "Martin 2000" surface and up to ¼" spikes are acceptable. Spikes are not allowed to be worn in the stands for any reason. Any athletes willfully disregarding this request will be scratched from further competition.
Awards	A paramedic and athletic trainer will be on site throughout the meet. - 3½" custom presentation medals to 1st, 2nd, 3rd place finishers in all events. - sculpted trophies will be presented to the winning teams in all relays - sculpted trophies will be presented to the outstanding male and female performers of the meet as selected by the games committee.
Entry Information	Entries to the Montgomery Invitational will be accepted from December 5, 2009 - December 31, 2009. All entries must be submitted online. For more information see the Entry Information Page .
Questions	Questions may be submitted to Meet Director Tom Rogers via the Montgomery Invitational Email Page .