October 10, 2009

Western Maryland Half Marathon & 5K Walk

PARTICIPANTS LIMITED TO 300

REGISTER EARLY!

The Course will begin at the Joseph Hancock Jr. Primitive Park, just off Main Street in the historic town of Hancock. The out-and-back course allows participants to run west on the Western Maryland Rail Trail approximately 6.5 miles, turnaround and complete the race near the start.

Awards will be given to the first overall female and male finisher and the top three finishers of the half marathon in the following female and male age categories: 19 & under; 20-29; 30-39; 40-49; 50-59; 60-69; 70+

Half Marathon Registration: $50 before Sept 26th; $60 on race day
5K WALK Registration: $15 before Sept 26th; $20 on race day

Checks payable to: Habitat for Humanity of Washington County, MD
Indicate on the check Memo line: **RACE 2009**

Return Registration Form & Check to:
Tara Horst, Race Coordinator
Habitat for Humanity of Washington County, MD
20 S. Prospect Street
Hagerstown, MD 21740

Questions: wmdhalf@hotmail.com or 301-791-9009

Important Details:
*Packet pickup at 6:30am; Race begins at 8:00am.
*Pre-registrants guaranteed race t-shirt.
*Race day registration welcome.
*Limited t-shirts available to late registrants.
*Awards presentation and refreshments follow race.
*5K WALK participants will receive t-shirts.
*Musical devices are not permitted.
*Participants must be courteous of others using the Rail Trail on race day.

Directions from the Interstates: From 70 Eastbound, take Exit 1 and from I-68 take Exit 82A. From 70 Westbound take Exit 3 or from I-68 take exit 82A.

Parking: Some street parking is available near the Joseph Hancock Park and additional parking is located within a short walking distance of the park at the following locations: Hancock Station on Main Street and behind Weaver's Restaurant at 77 West Main Street.

Register online:

www.westernmdhalf.com

Habitat for Humanity of Washington County ReStore

The proceeds from the Western Maryland Half Marathon will benefit the ReStore of Washington County.

What is a ReStore?
A ReStore is a home improvement store that accepts donations of overstocked, discontinued, new or used home improvement products donated by businesses or individuals, and re-sells these products to the general public at a substantially reduced cost.

Why donate to or shop at a ReStore?
1) A ReStore will provide funding for Habitat for Humanity so we can increase our production of simple, decent, affordable housing in Washington County.
2) A ReStore provides reduced cost building materials for use in upgrading/maintaining houses for the general public, which saves YOU money.
3) Building materials and home products are reused instead of being dumped into landfills, which helps protect our environment.

Registration Form
Circle one: Half Marathon OR 5K WALK

Name _____
Address _____
_____
Phone _____
Email _____
Age on race day _____ ☐ **Male** ☐ **Female**

Preferred T-Shirt Size:
☐ Small ☐ Medium ☐ Large ☐ Extra Large

RELEASE & CONSENT FORM: In consideration of the acceptance of my entry/my child's entry, I for myself or my child, our executors, administrators, and assignees do hereby release and discharge the organizers of this race and all other sponsors and organizers of all claims and damages, actions whatsoever in any manner arising out of my/my child's participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am/my child is physically fit and sufficiently trained to participate in this event. Further, I hereby grant full permission to any and all of the foregoing to use my/my child's name, photographs, videotapes, motion pictures, recordings or any other record of this event for any legitimate purpose without compensation or renumeration.

Athlete Signature (parent/guardian must sign for runners under 18):
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