

# 2<sup>nd</sup> Annual Hampshire County Santa Trot 5k

## Benefitting Hampshire County Habitat for Humanity

**Sponsored By:**

**Hampshire Wellness & Fitness**

*Your hometown health and wellness center*

**Saturday, December 13, 2008**

**9:00 a.m.**

**What:** 5k run and walk. 2 mile fun walk

**Where:** Start and Finish at the Hampshire Wellness and Fitness Center. Romney, WV. (Sunrise Summit, between Food Lion and South Branch Inn)

**When:** Saturday December 13, 2008  
9 AM (race day registration starts 8:00)

**Course:** Out and back course starting and finishing at the Wellness Center and looping the New Sunrise area.

**Registration:**

Entry fee: Pre-register by 12/3/08 \$12  
After 12/3 and day of race \$20

\*All pre-registered runners guaranteed a T-shirt  
Race day registration T-shirts while supplies last!!!

Please make checks payable to Hampshire County Habitat for Humanity

**Benefits Hampshire County Habitat for Humanity**

Please consider a donation if you are not participating or an additional donation if you are participating! 100% of the proceeds given to Hampshire County Habitat for Humanity goes directly to the community of Hampshire County.

Also, to help the local pantry's please bring a non-perishable food item to help those in need during this special time of year.

For further information, questions, or if you would like to be a volunteer, please call Matt Barnes at 304-790-0168 or email mattbarnespt@hotmail.com

**Hampshire County Santa Trot 5-K**

Name (Please Print) \_\_\_\_\_

Age (on 12/13/08) \_\_\_\_\_ Sex : M F

Wellness Center Member? Y N

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone # \_\_\_\_\_ Shirt Size: S M L XL

5-K Run \_\_\_\_\_ 2 mile Fun Walk \_\_\_\_\_ **Donation for Hampshire County Habitat for Humanity (Amount)** \_\_\_\_\_

**Waiver:** I hereby release from liability Hampshire Wellness & Fitness Center, East Mountain Health Advantage and their parents, subsidiaries and affiliates, together with their respective officers, trustees, employees, agents, successors, and assigns, from and against any claims, damages, demands, rights of action or causes of action in said race; Town of Romney, Habitat for Humanity, all sponsors, race officials and any person affiliated in anyway with the Hampshire County Santa Trot 5K for any injury or ailment resulting from my participation in the above stated race. I further state that I have prepared for, and understand the challenge of, completing such an event.

Signature of runner or parent if runner is under 18 years of age \_\_\_\_\_

**Awards**

First Overall Male and Female 5k Runners  
First Overall Male and Female 5k Walkers  
First Overall Male and Female 2 mile Walkers

**SPECIAL AWARD:**

Top Male and Female 5k Wellness Center Members!!

Top 2 in the following age groups (5k only) Men/Women:

9 and under	30-39
10-14	40-49
15-19	50-59
20-29	60+

(Additional awards may be added depending on registration)

Entry Fee is **\$12.** (**\$20** if not postmarked by 12/3).  
**Make checks payable to: Hampshire County Habitat for Humanity** and mail to:  
Hampshire County Wellness and Fitness  
c/o Matthew Barnes  
HC 63 Box 2520  
Romney, WV 26757