



SOUTHERN ATHLETICS

Matt Redinger, Athletic Director

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TRACK AND FIELD

2012

Girls Head Coach – Steve Cosner

Boys Head Coach – John Coffman

<u>Date</u>	<u>Day</u>	<u>Location</u>	<u>Time</u>
March 29	Thursday	Mountain Ridge HS	4:30PM
April 5	Thursday	Frankfort HS Relay Meet	4PM
April 14	Saturday	Southern High School Invite	11AM
April 18	Wednesday	Meyersdale HS	4PM
April 21	Saturday	Mountain Ridge Calhoun Invite	11AM
April 25	Wednesday	Keyser HS AMAC Meet	4PM
April 30	Monday	Southern HS WMD Invite	4PM
May 5	Saturday	Keyser HS Turbin Invite	11AM
May 9	Wednesday	County Meet at Northern	4PM
May 11	Friday	Northern HS	3:30PM
May 18	Friday	Regionals at Mountain Ridge	3:00PM
May 24	Thursday	State Meet Day 1 at Morgan State	2:30PM
May 26	Saturday	State Meet Day 2 at Morgan State	10:30AM