

1st Annual 5K Run with the Tigers Saturday, August 7, 2010

See www.tristateracer.com for complete information

RACE # _____

Date Rec'd _____

CHECK # _____

CASH _____

Check in and Start time	<u>Early Package Pickup</u> – Race Package will be available on Friday, Aug 6 th at Vinson Middle School Football Field from 4pm-6pm <u>Race Day</u> – Check in and package pickup at registration table; Race begins at 8AM. Runners and walkers are able to register until 7:30am day of race.	
Course and Start/Finish	Course is fast and flat through the community of Westmoreland. Race starts in back of school and ends on the football field.	
Awards	Top two finishers of each division	
T-shirts	We cannot guarantee a t-shirt in your chosen size. Sizes will be given according to registration date. To assure a t-shirt in chosen size, pre-register by July 25 th .	
Entry Fee (non-refundable)	By Aug 6th: Runners, Walkers & Stroller Division School-aged runners: Race Day: Family Discount – each add'l school-aged runner after first child: \$5	\$15 \$10 \$20
Contact Information	Lesley Fuller, 304-654-9127 or lfuller718@hotmail.com ; or Mike Adams, 304-638-8369 or webmaster@vinsonfootball.com	

Mail Entry Form & Payment to:

Run with the Tigers
c/o Mike Adams
2933 Piedmont Road
Huntington, WV 25704

Make Checks payable to:

Vinson Youth Football League
Memo: 5K Run

One participant per entry form. Please duplicate if necessary. Additional entry form located at www.tristateracer.com.

First Name	Last Name	Date of Birth
M/F	Age	Street Address
City	State	Zip
Telephone		
Circle Shirt Size:	Youth LG	Adult SM
	Adult Med	Adult LG Adult XLG
	Adult XXLG	
Circle Event:	Run	Walk
	Stroller Division	

In consideration of being permitted to participate in the 1st Annual 5K Run with the Tigers, I do hereby for myself, my heirs, executors and administrators and assignees, release, discharge, save and hold harmless and agree to indemnify all those persons involved in organizing and manning, including volunteers, corporate sponsors, media sponsors, business donors and any other participants, this event from all claims, demands, losses, damages, actions, causes of actions or suits of whatsoever kind or nature, arising out of my participation in the race on August 7, 2010. In addition I attest that I am sufficiently fit and prepared for this event.

Signature _____ Date _____

Waiver MUST be signed by all participants, or, if participant is under 18 years of age, by a parent or legal guardian.