



Nicholas County High School
Cross Country
Allen Stump, Coach



Cross Country Coach,

The Nicholas County High School “Battle Run” Cross Country Invitational will be held on **Tuesday, September 15**. The course is located at Battle Run, just about one-half mile past the Summersville Dam on Rt. 129. If you need further directions, please feel free to call me.

The following awards will be presented:

- Top two boy’s teams
- Top two girl’s teams
- Top 10 individual boys
- Top 10 individual girls

The race will be contested over a course which is just short of 5K. It begins and ends on pavement, and has varying terrain (a few hills, gravel, dirt, grass). Participants in the past have seemed to enjoy the layout (a map of the course is enclosed). The meet will begin at 5:30 p.m. The course will be shown from 4:15 to 5:15. Boys and girls races will run simultaneously if the numbers allow. If not, girls will run first and the boys will run immediately following the girls.

Please e-mail or call me upon your decision to participate in our invitational. Please include the number of runners you have so that I can have packets completed before the meet.

The cost for the meet will be **\$30.00 for one team, \$50.00 for two teams, and \$6.00 per individual**. Checks should be made payable to **Nicholas County High School**. If you have any questions about the meet, call me during the day at (304) 872-2141 (NCHS), in the evenings at (304) 610-2482 (Cell) or at (304) 872-1030 (Home). My e-mail address is mastump@access.k12.wv.us. I am looking forward to seeing you September 15 at Battle Run.

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