

Dr. Trenton Invitational

Friday, May 2nd @ Preston High School (Kingwood, WV)

Dear Middle School Track Coaches,

We would like to invite your middle school team to the "**Dr. Trenton Invitational**" on Friday, May 2nd, 2008. The "**Dr. Trenton Invitational**" is named after John W. Trenton a prominent doctor from Preston County. Through the generosity of the Trenton Benevolent Trust, the Preston High track and field facility was refurbished in 2004.

The Dr. John W. Trenton Track & Field Complex is a "Seal-Flex" latex surface installed in the fall of 2004. The track is eight lanes with all-weather high jump, long jump, and pole vault runways. The discus and shot rings are concrete. Bleacher seating is limited. It is suggested that spectators bring lawn chairs or blankets to sit on. Teams are asked to set up tents on the exterior of the track. The auxiliary gymnasium will be available for warm-ups and stretching.

We will be using Hy-Tek Meet Manager exclusively for our meets this year. There will be two ways to send us your entries: www.athletic.net or **Hy-Tek Team Manager Lite**. Personally, we feel www.athletic.net is the easiest method. However, if you are accustomed to sending your entries via **Team Manager Lite**, that is perfectly fine as well. Complete instructions for both methods are included at www.PrestonRun.com under "**Meet Entry Information**." The meet will feature Finish Lynx automated timing.

The deadlines for the Dr. Trenton Invitational on Friday, May 2nd, 2008 are as follows:

1. All entries are to be complete on www.athletic.net or emailed to prestonrun@gmail.com by 3:00 p.m. on Wednesday, April 30th.
2. Any additions must be emailed to the address above by 12:00 p.m. on the day of the meet.
3. Scratches can be made on site, but additions will not be accepted.

We will have first call for field events at 4:30 p.m. The field event rotation will be as follows:

FIELD EVENTS

First Rotation: Girls Pole Vault, Boys Long Jump, Girls High Jump, Boys Shot, Girls Discus
Second Rotation: Boys Pole Vault, Girls Long Jump, Boys High Jump, Girls Shot, Boys Discus

We will have first call for running events at 5:00 p.m. The rotation for running events is as follows:

RUNNING EVENTS

4 x 800 m. Relay, 65 / 75 m. Hurdles, 100 m. Dash, 4 x 200 m. Relay, 1600 m. Run, 400 m. Dash, 200 M. Hurdles, 4 x 100 m. Relay, 800 m. Run, 200 m. Dash, 3200 m. Run, Shuttle Hurdle Relay, 4 x 400 m. Relay

ENTRY FEE

Due to the late announcement of this meet, there will be **no entry fee** for schools to attend the "**Dr. Trenton Invitational**."

CONCESSIONS / ADMISSION

Hot and cold concessions will be available by the Preston High Track Parents. "**Dr. Trenton Invitational**" t-shirts will also be sold. Admission is \$4.00 for adults and \$3.00 for students.

We hope you and your team enjoy participating at our facility. We strive to host events that are competitive, exciting, quick, and efficient.

Sincerely,

PRESTON HIGH TRACK & FIELD COACHES