



*Accomplish  
the Possible*

Frederick Douglass taught us that anything is possible with hard work. He said in his speech to schoolchildren, "What was possible for me is possible for you."

Retrace the 10-mile path Frederick Douglass walked from the Freeland farm near St. Michaels to his confinement at the Talbot County jail in Easton, MD after a failed escape attempt in April 1836.

His imprisonment at the jail set the stage for a sequence of events that led to his eventual escape to freedom. His accomplishments changed history and made extensive improvements in the lives of all Americans.

Walkers, runners and wheelchair athletes will retrace this historic route to raise monies for the creation of a memorial to honor Frederick Douglass on the Talbot County Courthouse lawn.

Plus, half of the race proceeds will be given to the YMCA of Talbot County to promote physical fitness in the community.



Hooper Strait Lighthouse, St Michaels



Talbot County Courthouse, Easton



***Together We Can Accomplish The Possible.***

For more information and to register, please visit  
[www.FrederickDouglassYMCA10Miler.com](http://www.FrederickDouglassYMCA10Miler.com)



Frederick Douglass Honor Society



***Join us at the Post-Race Celebration with lots of music, food, vendors and fun!***

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