

**GIRLS' STATE INDOOR TRACK & FIELD RECORDS 1977 - 2007**

<b>Event</b>	<b>Record</b>	<b>Record Holder</b>	<b>School</b>	<b>Year</b>
<b>55 m</b> .....	7.08 .....	India Ransom .....	Largo .....	2002
.....	7.08 .....	Letecia Wright .....	Western-B .....	2007
<b>55 m HH</b> .....	7.73 .....	Tishonna Watson .....	Surrattsville .....	1990
<b>300 m</b> .....	39.19 .....	Tiandra Ponteen .....	Eleanor Roosevelt ...	2003
<b>500 m</b> .....	1:14.3 .....	Suziann Reid .....	Eleanor Roosevelt ...	1995
<b>800 m</b> .....	2:14.5 .....	Kristen Nicolini .....	Annapolis .....	1995
<b>1600 m</b> .....	5:00.59 .....	Marika Walker .....	Eleanor Roosevelt ...	2007
<b>3200 m</b> .....	10:30.7 .....	Christy Nichols .....	Arundel .....	1996
<b>800 m Relay</b> .....	1:40.79 .....	Eleanor Roosevelt HS .....		2002
		Kaprice Williams, Tiandra Ponteen, Ramona Modeste, Reneé Clark		
<b>1600 m Relay</b> .....	3:52.18 .....	Eleanor Roosevelt HS .....		2007
		Marika Walker, Doris Anyanwu, Tameka Jameson, Takecia Jameson		
<b>3200 m Relay</b> .....	9:13.47 .....	Eleanor Roosevelt HS .....		2006
		Takecia Jameson, Tameka Jameson, Marika Walker, Tasha Stanley		
<b>High Jump</b> .....	5-09 .....	Kathy Messner .....	Catoctin .....	1998
<b>Shot Put</b> .....	42-07 3/4 .....	Lindsay Grigoriev .....	Atholton .....	2003
<b>Pole Vault</b> .....	11-09 .....	Lauren Graff .....	Urbana .....	2002