

The Meet Of Champions on June 13 at the Prince Georges Sports and Learning Comp

High School Coaches' and athletes (If you are not the high school track coach, would you forward this to those people, both Boys and Girls),
registration for the Meet of Champions is now open at http://coachoregistration.com/meet/info/md_friends/2010/06-13_The_Meet_Of_Ch

The Friends of Mid-Atlantic Track (FOMAT), the management group who ran the successful indoor Mid-Atlantic Track Classic,
will host The Meet Of Champions on June 13 at the Prince Georges Sports and Learning Complex.

We are sponsored by the Potomac Valley and Virginia USAT&F and Park and Planning. Awards will be given to the top three in each event

\$15:00 per event, \$ 50:00 for relays \$10:00 late fee for entry after May 30

As a UAST&F sanctioned event USAT&F membership is required.

In order to get a better file, we would appreciate it if you would get back to Tim Baker with:

Your First Name –

Your Last Name -

Your School affiliation –

Your Cell Number –

Do you intend to send athletes on June 12th -

Just push respond and enter that information next to the question and push send. Also, please ask the other coaches
(both indoor and outdoor as well as cross country) to respond.

Tim's address is tbaker03@verizon.net. His cell number is 301-602-1656.

Tenitive schedule:

Sunday June 13 Men follow Women

Starting at 10:30

100 trial

110/100 H trial

1500 F

Shot / Dis
Long Jump /Tj

400 F

100 F

110/100 H F

Hj

Pv

4x100 F

800 F

200 F

300 IH F

3200 F

4x400 F

TSR

