



4th Annual Tim and Susan Cook Memorial ChambersFest One-Mile Race Saturday, July 14, 2007

Fee: Pre Registration
 \$12 per entry w/o t-shirt — on or before Wed. July 12
 \$15 per entry w/ t-shirt — on or before Wed. July 12
 \$10 per entry w/ t-shirt for Fun Run/Walk
Race Day Registration
 \$17 per entry NO SHIRTS AVAILABLE
 \$15.00 per entry NO SHIRTS AVAILABLE

Race Schedule: Start at the Chambersburg Area Middle School and end at Chambersburg Area High School.

7:00 AM Registration
 8:00 AM Women's Race
 8:30 AM Men's Race
 9:00 AM Fun Run Walk
 9:00 AM Results/Ceremony

NO SHIRTS ARE AVAILABLE ON RACE DAY
Pre—register to ensure that you receive your unique commemorative race t-shirt.

Course: Point to point, fast downhill road race.

Distribution of Awards: May vary based on participation in age groups. Participants in the Fun Run/Walk are not eligible for awards and prizes. All participants will get a finish ribbon. **No duplication of awards.**

Directions to Chambersburg Area Middle School. Interstate 81 Exit 16, follow Rt. 30 west toward Chambersburg, turn left at light onto Stouffer Avenue, turn left at the traffic light onto McKinley Street, turn left into the Middle School parking lot. Race will begin at the Middle School adjacent to Chambersburg Memorial Park.

Race Sponsored by:



Individuals may also register online at the Chambersburg Road Runners Web Site:

www.ChambersburgRRC.org

Or at www.active.com

Additional information and race results may be found on the CRRC site.

Race Contact Information:
 Melissa Knepper, 717-264-7101
 Email: mknepper@chambersburg.org

GREATER CHAMBERSBURG
 CHAMBER OF COMMERCE

Name _____ Mailing Address _____

City _____ State _____ Zip _____ Phone _____

Email _____ Age on race day: _____ Gender: M F

Please check this box if participating in fun/run walk (walkers are encouraged to participate in this category)

Amount Enclosed: \$ _____ t-shirt: ___ yes ___ no

T-Shirt size: Youth Large S M L XL No Shirt

Complete, clip & mail to: Greater Chambersburg Chamber of Commerce
 100 Lincoln Way East, Suite A, Chambersburg, PA 17201

Waiver: Upon acceptance of my entry, I the undersigned, assume all risks associated with running in this event & do hereby release & discharge the Chambersburg Road Runners Club, Chambersburg Area School District, Borough of Chambersburg, and the Greater Chambersburg Chamber of Commerce & all other race representatives from any and all claims for damage, demands & causes of action arising from or as a result of my participation in this race.

Signature: _____ Date _____